

First Aid International International Emergency First Aid (CPR/AED)

Course Information Sheet

The International Emergency First Aid (CPR/AED) Course is designed to train individuals and company staff that requires Health and Safety Executive approved first aid at work training including automated external defibrillation.

This course will provide the necessary skills to manage a patient that is unconscious and not breathing normally until the arrival of the emergency services.

This course meets the guidelines of the UK and European Resuscitation Councils for Basic Life Support and the use of an AED.

This course is mapped to the learning outcomes of the Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation.

For full details of the course content please see overleaf.

Further Information

For further information or questions relating to First Aid International please contact your local centre:



SOUTHERN INSPECTION SERVICES (P) LTD.
9-25-3, 1st First Floor, Saraswathi Villa,
C.B.M. Compound, Near Timpany School,
Visakhapatnam - 530003, A.P., INDIA.
Tel: +91-891-6458257, +91-7702346456
E-mail: training@sistraining.in
Website: www.sistraining.in

SOUTHERN INSTITUTE OF SERVICES FZ LLC
Office: No. G35, Block 2A,
Dubai Knowledge Village, P.O. Box : 500731,
Dubai, United Arab Emirates.
Tel: +971 4 4386051, Fax: +971 4 4386052,
E-mail: info@sis-me.org,
Website: www.sis-me.org



Course Specification

INTENDED PARTICIPANT:
HSE Trained Workplace First Aid

MAX STUDENT INSTRUCTOR RATIO:
12 Candidates: 1 Instructor

MAX CLASS SIZE:
24 Candidates (with 2 instructors)

COURSE DURATION:
Initial Training: 8 hours
Retraining time: 8 hours

ASSESSMENT:
Continuous by Instructor

CERTIFICATE EXPIRY:
3 years from date of completion

First Aid International are approved by the Health and Safety Executive approval number: Great Britain 1397/94 - Northern Ireland 136



In this course you will learn the following skills:

INTRODUCTION

- Principles of First Aid
- Chain of Survival
- Emergency Management Procedure
- Care Cycle™

ESSENTIAL SKILLS

- Scene Survey
- Exposure Protection

BASIC LIFE SUPPORT

- Primary Survey, Recovery Position and Reassessment
- CPR Adult (Cardiopulmonary Resuscitation)
- Alternative Ventilation Procedures
- Adult Choking

AUTOMATED EXTERNAL DEFIBRILLATION

- AED Algorithm
- Cardiac Arrest
- AED Use on Adults and Children
- Chest Preparation and Electrode Pad Placement
- Handover to Advanced Care
- Equipment Checks and Troubleshooting

LIFE THREATENING CONDITIONS

- Severe Bleeding
- Wounds and Bleeding
- Shock Management
- Epilepsy and Seizures
- Heat Exhaustion and Heat Stroke
- Burns and Scalds
- Minor Injuries

FIRST AID HEALTH AND SAFETY

- First Aid Kit
- Patient Report Form (PRF)

LEARNING STYLE:

Each section of the book will guide you step by step through each of the essential skills required to be a competent first aider. Through the process of seeing hearing and doing you will learn how to provide first aid in an emergency both safely and effectively. As you complete each skill you will develop the skills, knowledge, techniques and confidence to respond in an emergency.

INTRODUCTION:

Your instructor is a fully certified First Aid International facilitator who is current with the procedures and knowledge required to ensure you have the best possible learning experience. Each Instructor is registered with First Aid International and renews their status annually to ensure that only current and competent instructors deliver your training and assessment.

CERTIFICATION:

Certificates are issued by First Aid International using our Centre Management Information System (CMIS). CMIS provides a quick efficient service to all our clients.