

First Aid International Basic First Aid

Course Information Sheet

The Basic First Aid course is designed for clients who wish to have a greater understanding of First Aid. This course includes illnesses and injuries and through the scenarios can be contextualized to your customers' requirements.

The course will meet the recommendations of the Health and Safety Executive for training emergency aid to the appointed person.

For full details of the course content please see overleaf



Course Specification

INTENDED PARTICIPANT:

Workplace appointed persons with secondary care skills, volunteers

MAX STUDENT INSTRUCTOR RATIO:

12 Candidates: 1 Instructor

MAX CLASS SIZE:

24 Candidates (with 2 instructors)

COURSE DURATION:

Initial Training: 12 hours

Retraining time: 6 hours

ASSESSMENT:

Knowledge and skills assessment

CERTIFICATE EXPIRY:

3 years from date of completion

First Aid International are approved by the Health and Safety Executive approval number: Great Britain 1397/94 - Northern Ireland 136

Further Information

For further information or questions relating to First Aid International please contact your local centre:



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In this course you will learn the following skills:

INTRODUCTION

- Principles of First Aid
- Chain of Survival
- Emergency Management Procedure
- Care Cycle™

ESSENTIAL SKILLS

- Scene Survey
- Exposure Protection

BASIC LIFE SUPPORT

- Primary Survey, Recovery Position and Reassessment
- CPR Adult (Cardiopulmonary Resuscitation)
- Alternative Ventilation Procedures
- Introduction to Automated External Defibrillation (AED)
- Adult Choking

LIFE THREATENING CONDITIONS

- Severe Bleeding
- Shock Management

SECONDARY SURVEY

- Patient History Taking
- Physical Assessment
- Patient Report Form (PRF)

BREATHING PROBLEMS

- Asthma
- Hyperventilation
- Chest Injuries

CIRCULATORY PROBLEMS

- Angina
- Heart Attack
- Stroke
- Fainting

ENVIRONMENTAL PROBLEMS

- Electrical and Chemical Injuries
- Burns and Scalds
- Hypothermia
- Frostbite
- Heat Exhaustion and Heat Stroke

NERVOUS SYSTEM PROBLEMS

- Epilepsy and Seizures
- Head Injuries
- Spinal Injuries

OTHER MEDICAL PROBLEMS

- Allergies
- Anaphylaxis
- Diabetic Emergencies
- Poisoning

OTHER INJURIES

- Eye Injuries
- Fractures
- Dislocation
- Sprains and Strains
- Wounds and Bleeding
- Minor Injuries

FIRST AID HEALTH AND SAFETY

- First Aid Kit
- Accident Recording

LEARNING STYLE:

Each section of the book will guide you step by step through each of the essential skills required to be a competent first aider. Through the process of seeing hearing and doing you will learn how to provide first aid in an emergency both safely and effectively. As you complete each skill you will develop the skills, knowledge, techniques and confidence to respond in an emergency.

INTRODUCTION:

Your instructor is a fully certified First Aid International facilitator who is current with the procedures and knowledge required to ensure you have the best possible learning experience. Each Instructor is registered with First Aid International and renews their status annually to ensure that only current and competent instructors deliver your training and assessment.

CERTIFICATION:

Certificates are issued by First Aid International using our Centre Management Information System (CMIS). CMIS provides a quick efficient service to all our clients.